



**The Federation of Medical Societies of Hong Kong**  
**香港醫學組織聯會**

***The Federation Annual Dinner 2023***  
**31 December 2023 (Sunday)**

Run Run Shaw Hall, 1/F, Hong Kong Academy of Medicine Jockey Club Building



**Federation, Sing and Shine**

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## **Welcome Message from the President**

The New Year's Eve is a time for gathering and celebration, a time for getting rid of bad luck and welcoming, with hope and anticipation, a bright year ahead. 2023 has been a difficult year, with the Hong Kong Special Administrative Region and the Mainland getting back on our feet after the pandemic, back to normal, and back to a path of productivity and prosperity. On this special evening, we look back, and we also look forward.

2023 has been, as usual, a successful year for the Federation. We have hosted numerous webinars as well as face-to-face conferences, including our flagship conference, the Annual Scientific Meeting, which was held at the Cordis Hotel on 22<sup>nd</sup> October. The theme of this ASM was 'Revolutionising Healthcare Through Innovations', which fully demonstrates that we are very much looking ahead to a brave new world where AI, robots and omics play an increasing part in the diagnosis and management of patients.

Our flagship publication, the Hong Kong Medical Diary, is now in the safe and capable hands of Dr Raymond Lo, our Chief Editor. We are in the process of binding all the 2023 issues into a collectable volume. This is something of which we are very proud, and in it is the distillation of the wisdom and experience of our leading doctors and specialists.

The theme of this year's annual dinner is 'Federation, Sing and Shine'. This is inspired by a popular TV programme, and shows that men and women of all ages can, through their brilliant singing, make us happy as well as move us deeply with their songs. My heartfelt thanks to our special guest, Mr Ramon Lo, and all the contestants in our singing competition this evening. If music be the food of love, play on.

Indeed, scientific research has shown that singing is good for your mood and your health. It makes you happier and less depressed. It makes you overcome anxieties. It makes chronic pain and inflammation better. It makes you breathe more deeply and improves your posture. Although it may not help you to lose weight, it has many of the other benefits of exercise! No wonder singing is now a therapy doctors prescribe for some of their patients.

On behalf of the Federation, I hope you would enjoy this evening's dinner and entertainment. Thank you for sharing with me a memorable and exciting evening. May I wish you all good health in the coming year!

A handwritten signature in black ink, appearing to read 'B. Cheung'.

**Prof. Bernard Man-yung CHEUNG**  
President, The Federation of Medical Societies of Hong Kong



## Executive Committee

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<b>Honorary President</b>	Dr. Raymond See-kit LO
<b>President</b>	Prof. Bernard Man-yung CHEUNG
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## Annual Dinner Organising Committee

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Prof. Bernard Man-yung CHEUNG

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Dr. Desmond Gia-hung NGUYEN

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**Chairlady**

Ms. Ellen Wai-yin KU

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Dr. Ludwig Chun-hing TSOI

Mr. William TSUI

Dr. Victor Hip-wo YEUNG

Dr. Edwin Chau-leung YU



## Annual Statement of the Council 2023

23 November 2023 at Federation Premises

*Prof. Bernard Man-yung CHEUNG, President, FMSHK*

### MAJOR ACTIVITIES OF THE FEDERATION 2022-2023

I am pleased to present the Annual Statement, which covers the year of 2022-23.

The Federation of Medical Societies of Hong Kong (FMSHK) was founded by two dedicated founder members, the Hong Kong Chinese Medical Association (present name Hong Kong Medical Association) and the British Medical Association (HK Branch), on 18 February 1965. After half a century, the Federation has grown from an initial 13 member societies to the current total of 144, representing more than 50,000 individual professionals in total, encompassing medical, dental, and nursing specialities, subspecialties and allied health professional societies of Hong Kong.

During the early stage of COVID-19 pandemic in 2020, we successfully transformed our events, courses and seminars into web-based with tremendous efforts. After more than three hard-fought years, we have now come through the pandemic, and the hardships and tragedies it. This is now the time for renewal, reinvention and relaunch. Therefore, most of our regular events and meetings have been relaunched.

In the year 2023, with the support of member societies and their members, the Federation has organised several physical and web-based professional projects/activities, including the Federation President Dinner, Federation Annual Scientific Meeting (ASM), 15 certificate courses, 36 symposiums & conferences, AGMs and annual dinners. The Federation also provides different Secretarial Services to 27 member societies. And there is a significant increase in our room rental service.

Going forward, as an umbrella organisation for all medical, dental, nursing and allied health societies of Hong Kong, the Federation will continue to uphold its commitment to promote the common good of fellow health professionals. Thank you in anticipation of your support. The Federation looks forward to continuing to work with you in the future.

### Membership

We are very glad to have two ordinary member societies join the Federation, namely, the Hong Kong Society of Endourology and the Hong Kong Association of Rehabilitation Medicine. Their profiles and activities have been introduced to all our members and fellow professionals through our various channels. I would like to extend our warmest welcome from the Federation to our new members and look forward to engaging them in future joint activities.

We will continue to strive our best to provide our professional secretarial service to our member societies.

### Publications

#### *Medical Diary*

Our Hong Kong Medical Diary (HKMD) is sent to our registered medical professional colleagues free of charge, and electronic versions are accessible through our website and the Internet. Concise and valuable updates on the latest medical knowledge are provided, crossing different fields and specialties. The twelve issues of 2023 covered Orthopaedics, Radiology, Urology, Endocrinology, Robotic Surgery, Dentistry, Geriatrics, Obstetrics & Gynaecology, Infectious Diseases - Vaccination, Advance Therapy in Respiratory Diseases, Clinical Pharmacology and Medical Oncology.

#### *Radio Programme*

Starting from 18 October 2023, the Federation collaborated with a popular health programme of RTHK Radio One to run a regular series on medical and healthcare information in "精靈一點". It runs from 2 p.m. to 3 p.m. every Tuesday. The 12 sessions tied in with the themes of the Hong Kong Medical Diary 2023. Issue editors and authors are invited to attend the interviews to disseminate medical and healthcare knowledge on the latest patient care to the general public.

Date (Wed, 2 - 3 pm)	Topic in Chinese (proposed by issue editor)	FMSHK representative 1	FMSHK representative 2
18 Oct 2023	放射科探索	Dr. LAW Chun-key	Dr. Elaine KAN
1 Nov 2023	糖尿病新知	Dr. Paul LEE	Dr. David Tak-wai LUI
8 Nov 2023	新時代的癌症治療	Dr. Thomas YAU	Dr. Roland LEUNG
15 Nov 2023	牙周病與身體慢性疾病的雙向關係	Dr. Anita CHAN	Dr. Adrian CHEONG
22 Nov 2023	認知障礙症狀之預防及處理	Dr. Raymond See-kit LO	Prof. Linda LAM
29 Nov 2023	1. 骨質疏鬆與脊椎骨折 2. 機械臂輔助 - 半膝關節置換	Dr. KK WONG	Dr. Henry FU
6 Dec 2023	婦女健康你要知	Dr. CHAN Woon-tong	Dr. Tam Kar-fai
13 Dec 2023	哮喘知多啲	Dr. Jenny NGAI	Dr. John CHAN
15 Dec 2023	良性前列腺增生的最新微創手術治療	Prof. Peter CHUI	Dr. Raymond KAN
20 Dec 2023	1. 香港藥物審批和研發的情況 2. 為什麼着人和醫護人員應該參與藥物研究? 3. 一隻新藥物達到在病人廣泛應用有什麼障礙?	Prof. Elaine CHOW	Prof. Juliana CHAN
27 Dec 2023	機械人手術新進展	Prof. Simon NG	Prof. Calvin NG
3 Jan 2024	新冠, 流感, 肺鏈疫苗新知	Dr. Ivan HUNG	Dr. Jane WONG

### **FMSHK Website**

The FMSHK website is the official online platform to provide the latest Federation News to members and the public, including an e-version of Hong Kong Medical Diary, the latest certificate courses, promotion and review of events & meetings. From December 2022 to November 2023, the average hit rate of the FMSHK website is around 200,000 per month.

### **Professional Education**

#### **FMSHK Annual Scientific Meeting 2023**

On 22 October 2023, the Federation held our hybrid Annual Scientific Meeting (ASM) physically at Cordis Hong Kong and online via Zoom, with the theme "Revolutionising Healthcare Through Innovations".

A total of 14 medical lectures were presented in parallel sessions by renowned speakers in different specialties; they shared with us their research findings and updates for the whole day meeting. In Parallel Session A, there are "中國人口老化現狀、挑戰與老年醫學發展機遇", "Medical Advance in Exoskeleton for Neurorehabilitation", "Practice Changing Update in GINA 2023", "Advancing the Management in Chronic Kidney Disease – From Primary to Collaborative Care", Lunch Symposium "Modernising Chinese Medicine", "Unmet Needs in the Management of Acute Myeloid Leukaemia (AML) and Myelodysplastic Syndromes (MDS)", "Tyrosine Kinase Inhibitors in CML and Ph+ ALL", "Holistic Care in Paediatric Pharmaco Resistant Epilepsy in Era of Genomics: Etiologies Based Medical, Dietary and Surgical Intervention & Neuropsychology", "Breakthrough In Early Identification of Autism: Genomic and Neural Encoding Testing", "Recent Advances in House Dust Mite Allergy Immunotherapy" and "Innovative Management Strategies for Type 2 Inflammatory Diseases". While in Parallel Session B, topics like "Hemorrhoidal Crisis - How Can Be Treated and Avoided?", "Overactive Bladder Treatment Strategies: Insights from the OAB Consensus Statement" and "Potential Role of Evidence-based Herbal Medicines in Cancer Management" were delivered at the same time.

The Federation was significantly privileged to have invited Prof. LO Chung-mau, BBS JP, Secretary for Health, and Prof. Gilberto Ka-kit LEUNG, President of Hong Kong Academy of Medicine as the Officiating Guests of the ASM. We are honoured to have been able to invite Prof. LO Chung-mau, BBS JP, Prof. Gilberto Ka-kit LEUNG, Mr. Zetao CHEN, Prof. Jianye WANG, Dr. the Honorable David Tzit-yuen LAM, Dr. Ronald LAM, JP, Dr. the Honorable Edward Che-hung LEONG, GBM GBS OBE JP, and also Prof. Bernard Man-yung CHEUNG to uncover the seven elements of "Revolutionising Healthcare Through Innovations", they are Evolution, Efficiency, Precision, Engagement, Personalisation, Diversification and Sustainability.

Without our participants, the ASM would not be a successful one. The total number of registrations for online participation was 876 and onsite participation was 129. The total number of attendances for the ASM was 436 for online participation and 120 for physical attendance, which was 50 % and 93 % of attendance rate for online and onsite participation, respectively.



We would also like to take this opportunity to express our sincere gratitude to our officiating guests, honorable guests, co-chairmen, chairpersons and speakers for their valuable contributions that made the event a great success. Our gratitude also extends to various sponsors for their tremendous support.

### Certificate Course

In response to the increasing demand for online training among healthcare professionals, all certificate courses for the year 2023 have been conducted in a pre-recorded video lecture format. This year, 15 video courses have been held, covering a diverse range of topics across various disciplines such as Common Diseases in Otorhinolaryngology, Head & Neck Surgery, Complaint Management, Ophthalmology Module I and II, Medical Ultrasound, Communication and Swallowing Problems in the Elderly Population, Update on Common Urinary Tract Disorders, Mental Health, Allergy, Palliative Medicine for Health Care Workers, Cytogenomics, Respiratory Medicine, Renal Medicine, Healthcare Mediation and Cardiology. These lectures aim to provide valuable knowledge and skills to healthcare professionals in an easily accessible and convenient manner, which have received a high level of acceptance among healthcare professionals. The Certificate Courses could not be held without the support of our Member Societies. All were well organised and well attended with remarkable results.

### Symposium and Conference Organizing Services

One of the services of the Federation that is greatly appreciated by members is our meetings and conference organising services. We have strengthened these services and organised various scientific events for our member societies and partners in recent years.

Due to the COVID-19 pandemic, the Federation had extended our service to conduct virtual events, such as pre-recorded video lectures, webinars, virtual Annual General Meetings, and so forth in an effort to support our member societies and medical professionals.

The Federation has conducted a total of 36 events from November 2022 to November 2023 (online: 18; onsite: 7 and hybrid: 11). All of them were well attended by members and fellow professionals. The Federation will continue to serve our members' needs in this regard.

1.	[Hybrid] HKSPM & HKPNA Joint Annual Scientific Meeting 2022: "HKSPM 25 <sup>th</sup> Anniversary - Palliative Care in Hong Kong: Looking Back, Looking Forward"			
	Date	26 November 2022 (Sat)		
	Organiser(s)	Hong Kong Society of Palliative Medicine (HKSPM) Hong Kong Palliative Nursing Association (HKPNA)		
	Speaker(s)	Prof. Bee WEE Dr. Doris TSE		
	Moderator(s)	Dr. Inda Sung SOONG Dr. Benjamin CHENG	Ms. CHAN Chun-hung Dr. Nancy Hiu-yim NG	Dr. Raymond See-kit LO Ms. Annda LUM
	Registrations	218		
2.	[Webinar] HKEUS Clinical Meeting			
	Date	1 December 2022 (Thu)		
	Organiser(s)	Hong Kong Endoscopic Ultrasonography Society (HKEUS)		
	Speaker(s)	Dr. LI Ki-kwong Prof. Calvin Sze-hang NG		
	Moderator(s)	Dr. Hubert SIN	Dr. Cyrus TSE	Dr. William Chia-shing MENG
	Registrations	130		
3.	[Hybrid] HKASLD 35 <sup>th</sup> Annual Scientific Meeting and International Symposium on Hepatology 2022			
	Date	11 December 2022 (Sun)		
	Organiser(s)	The Hong Kong Association for the Study of Liver Diseases Limited (HKASLD)		
	Speaker(s)	Prof. Florence WONG Dr. Terry Cheuk-fung YIP	Prof. Rohit LOOMBA Prof. SETO Wai-kay	Prof. George GOH Prof. Ed GANE
	Moderator(s)	Prof. Grace Lai-hung WONG Dr. LAI Sik-to Dr. Rashid Nok-shun LUI	Dr. KUNG Kam-ngai Dr. Loey Lung-yi MAK	Dr. LAO Wai-cheung
	Registrations	254		
4.	[Webinar] Treatable Trait in Airway Diseases - Precision in Practice			
	Date	10 January 2023 (Tue)		
	Organiser(s)	FMSHK		
	Speaker(s)	Prof. James CHALMERS		
	Moderator(s)	Dr. YEUNG Yiu-cheong		
	Registrations	181		



5.	[Webinar] CV Academy: Peripheral Artery Disease
	Date 13 January 2023 (Fri) Organiser(s) FMSHK Speaker(s) Dr. Canice Lok-hang NG Moderator(s) Dr. Kathy LEE Registrations 261
6.	[Webinar] Respiratory, Asthma and COPD - New Guidelines-Recommended Strategy to Tackle COPD
	Date 8 February 2023 (Wed) Organiser(s) FMSHK Speaker(s) Dr. CHAN Yu-hong Moderator(s) Dr. CHAN Hok-sum Registrations 232
7.	[Hybrid] Hong Kong Society of Clinical Blood Management (HKSCBM) Education Seminar
	Date 23 February 2023 (Thu) Organiser(s) Hong Kong Society of Clinical Blood Management (HKSCBM) Speaker(s) Dr. TSE Kin-chung Dr. LEUNG Tsin-wah Moderator(s) Dr. CHENG Hung-kai Registrations 303
8.	[Webinar] Respiratory, Asthma and COPD - Challenge in Asthma Management
	Date 9 March 2023 (Thu) Organiser(s) FMSHK Speaker(s) Dr. Fanny Wai-san KO Moderator(s) Dr. Jane Chun-kwong CHAN Registrations 146
9.	[Webinar] Microbiome and Childhood Eczema: From Biomarkers to Novel Therapeutics
	Date 27 March 2023 (Mon) Organiser(s) FMSHK Speaker(s) Prof. LEUNG Ting-fan Moderator(s) Dr. Alson Wai-ming CHAN Registrations 164
10.	[Physical] LMCHK AGM 2023
	Date 28 March 2023 (Thu) Organiser(s) Medical Licentiate Society of Hong Kong (LMCHK) Speaker(s) N/A Moderator(s) N/A Registrations 18
11.	[Hybrid] HKCMA Ltd. Symposium on "Invasive Pneumococcal Diseases: Local Epidemiology, Disease Burden and New Vaccines for Paediatric and Adult Patients"
	Date 30 March 2023 (Thu) Organiser(s) Hong Kong Chinese Medical Association Ltd. (HKCMA) Speaker(s) Prof. David GREENBURG Dr. Mike Yat-wah KWAN Prof. Ivan Fan-ngai HUNG Moderator(s) Dr. Jane Chun-kwong CHAN Dr. Thomas TSANG Registrations 447
12.	[Hybrid] BMA (HK) Advance in Therapeutics Course 2023 - Infections
	Date 8 May 2023 (Mon) Organiser(s) British Medical Association (Hong Kong Branch) (c) Speaker(s) Dr. Grace LUI Prof. Christopher Koon-chi LAI Moderator(s) Dr. Raymond See-kit LO Registrations 624
13.	[Hybrid] BMA (HK) Advance in Therapeutics Course 2023 - Blood
	Date 15 May 2023 (Mon) Organiser(s) British Medical Association (Hong Kong Branch) (BMA (HK)) Speaker(s) Prof. Eric Wai-choi TSE Prof. Harry GILL Moderator(s) Prof. Brain TOMLINSON Registrations 648
14.	[Hybrid] BMA (HK) Advance in Therapeutics Course 2023 - Elderly
	Date 22 May 2023 (Mon) Organiser(s) British Medical Association (Hong Kong Branch) (BMA (HK)) Speaker(s) Dr. Raymond See Kit LO Prof. Timothy KWOK Moderator(s) Dr. Alex HUI Registrations 687
15.	[Hybrid] BMA (HK) Advance in Therapeutics Course 2023 - Chest
	Date 29 May 2023 (Mon) Organiser(s) British Medical Association (Hong Kong Branch) (BMA (HK)) Speaker(s) Dr. TAM Yat-cheung Dr. NG Chun-kong Moderator(s) Dr. Jane Chun-kwong CHAN Registrations 671



16.	[Hybrid] BMA (HK) Advance in Therapeutics Course 2023 - Women's Health and Men's Health
	Date 5 June 2023 (Mon)
	Organiser(s) British Medical Association (Hong Kong Branch) (BMA (HK))
	Speaker(s) Dr. Victor Hip-wo YEUNG Dr. TANG Kwok-keung Dr. LI Hok-nam
	Moderator(s) Dr. Peggy Sau-kwan CHU
	Registrations 671
17.	[Webinar] Asthma Management - Caveats in Asthma Diagnosis
	Date 7 June 2023 (Wed)
	Organiser(s) FMSHK
	Speaker(s) Dr. Angus Ho-yin LO
	Moderator(s) Dr. YEUNG Yiu-cheong
	Registrations 182
18.	[Hybrid] BMA (HK) Advance in Therapeutics Course 2023 - Cancers
	Date 12 June 2023 (Mon)
	Organiser(s) British Medical Association (Hong Kong Branch)
	Speaker(s) Prof. Winnie YEO Dr. Stephen Chun-key LAW
	Moderator(s) Dr. James KONG
	Registrations 693
19.	[Webinar] Respiratory, Asthma and COPD - Evolving Strategies to Prevent COPD Exacerbations
	Date 13 June 2023 (Tue)
	Organiser(s) FMSHK
	Speaker(s) Prof. Lorcan MCGARVEY
	Moderator(s) Dr. NG Chun-kong
	Registrations 262
20.	[Webinar] Asthma Management - An Update on Childhood Asthma
	Date 14 June 2023 (Wed)
	Organiser(s) FMSHK
	Speaker(s) Dr. Daniel Kwok-keung NG
	Moderator(s) Dr. Jane Chun-kwong CHAN
	Registrations 183
21.	[Webinar] Asthma Management - Inhaled Therapies for the Management of Asthma in Adults
	Date 21 June 2023 (Wed)
	Organiser(s) FMSHK
	Speaker(s) Dr. Jamie Chung-mei LAM
	Moderator(s) Dr. NG Chun-kong
	Registrations 189
22.	[Physical] Hong Kong ILD Forum 2023
	Date 24 June 2023 (Sat)
	Organiser(s) FMSHK
	Speaker(s) Dr. YIP Wing-ho Prof. Christopher DENTON Dr. Felix CHUA Prof. Claus Peter HEUSSEL
	Moderator(s) Dr. NG Chun-kong Dr. Jenny Chun-li NGAI Dr. YEUNG Yiu-cheong
	Registrations 160
23.	[Webinar] Asthma Management - Revolution in Asthma Care: The Changing Role of the Reliever in GINA 2023
	Date 29 June 2023 (Thu)
	Organiser(s) FMSHK
	Speaker(s) Prof. Eric BATEMAN
	Moderator(s) Dr. Alson Wai-ming CHAN
	Registrations 199
24.	[Hybrid] Hong Kong Chinese Medical Association Ltd. Annual Scientific Meeting "Frontiers in Clinical Practice 2023"
	Date 16 July 2023 (Sun)
	Organiser(s) Hong Kong Chinese Medical Association Ltd. (HKCMA)
	Speaker(s) Dr. James HO Dr. Carol KWOK Dr. Henry WONG Prof. Ivan Fan-ngai HUNG
	Prof. GAO Fu Dr. Christopher HUI Prof. Lawrence WONG Dr. Daniel CHU
	Prof. Ellis HON Dr. Thomas TSANG Prof. Eric BATEMAN Dr. Charas ONG
	Dr. Patrick IP Dr. CHAN Sai-kwing Dr. Peter LIN Dr. NG Siu-kwan
	Dr. YIP Hon-chi
	Moderator(s) Dr. LAW Chun-key Dr. NG Chun-kong Dr. LIU Shao-haei Prof. George LAU
	Dr. Thomas TSANG Dr. Henry YEUNG Dr. LAU Chor-chiu Dr. May LAM
	Dr. Jane Chun-kwong CHAN Dr. Mike Yat-wah KWAN Dr. Albert KONG Prof. Vivian WONG
	Dr. Karen IP Dr. Veronica WAI Dr. Carol KWOK
	Registrations 816
25.	[Webinar] Prevention and Risk Reduction of CRC with the Recent Advancement of Gut Microbiome Research & Guideline
	Date 19 July 2023 (Wed)
	Organiser(s) FMSHK
	Speaker(s) Prof. Martin Chi-sang WONG
	Moderator(s) Dr. William Chia-shing MENG
	Registrations 121

26.	[Webinar] Recent Advancement of Gut Microbiome Research and its Application in Infections, Vaccination and Quality of Life Management
	Date 1 August 2023 (Tue) Organiser(s) FMSHK Speaker(s) Prof. Martin Chi-sang WONG Moderator(s) Dr. William Chia-shing MENG Registrations 80
27.	[Webinar] Hong Kong Endoscopic Ultrasonography Society (HKEUS) Annual Scientific Meeting 2023
	Date 10 August 2023 (Thu) Organiser(s) Hong Kong Endoscopic Ultrasonography Society (HKEUS) Speaker(s) Dr. Raymond Chi-kin WAN Prof. CHEN Hong-tan Moderator(s) Dr. Cyrus Tak-yin TSE Dr. William Chia-shing MENG Registrations 120
28.	[Webinar] HKSSM Sleep Publicity Event
	Date 27 August 2023 (Tue) Organiser(s) The Hong Kong Society of Sleep Medicine (HKSSM) Speaker(s) Dr. KWONG Kwok-chu Moderator(s) N/A Registrations 184
29.	[Physical] Dinner Symposium: "Local Epidemiology, Disease Burden and Burden and New PCV Development in IPD for Paediatrics & Adults Patients"
	Date 31 August 2023 (Thu) Organiser(s) Hong Kong College of Family Physicians (HKCFP) The Hong Kong Paediatric Society (HKPS) The Hong Kong Geriatrics Society (HKGS) The Hong Kong Society for Infectious Diseases (HKSID) The Hong Kong Society for Paediatric Immunology Allergy and Infectious Diseases (HKSPIAID) Speaker(s) Dr. Mike Yat-wah KWAN Prof. Ivan Fan-ngai HUNG Moderator(s) Dr. Lorna NG (HKCFP) Dr. Genevieve Po-gee FUNG (HKPS) Dr. CHAN Wai-hung (HKSPIAID) Dr. Tony Ngai-ho CHAN (HKGS) Dr. Wilson LAM (HKSID) Registrations 163
30.	[Webinar] Respiratory, Asthma and COPD - Practical Guidance to improve COPD Management
	Date 28 September 2023 (Thu) Organiser(s) FMSHK Speaker(s) Dr. CHAN Hok-sum Moderator(s) Dr. Jane Chun-kwong CHAN Registrations 257
31.	[Webinar] HKSSM Sleep Publicity Event
	Date 28 October 2023 (Sat) Organiser(s) The Hong Kong Society of Sleep Medicine (HKSSM) Speaker(s) Dr. FAN Hon-cheung Moderator(s) N/A Registrations 176
32.	[Physical] Hong Kong Women Doctors Association (HKWDA) Annual Scientific Meeting 2023
	Date 4 November 2023 (Sat) Organiser(s) Hong Kong Women Doctors Association (HKWDA) Speaker(s) Dr. Catherine Pui-gi SHEA Dr. Yannie Oi-yan SOO Dr. Amy Tien-yee CHANG Dr. CHAN Zi Dr. Zephyrus Ling-yin TSANG Dr. CHAN Ming-yan Moderator(s) Dr. Clara Wing-yee WU Dr. Cindy Lai-san WONG Dr. Cissy YU Registrations 92
33.	[Webinar] Respiratory, Asthma and COPD - Optimise Treatment Outcome in Moderate to Severe Asthma: Triple vs Dual Inhaler Therapy
	Date 8 November 2023 (Wed) Organiser(s) FMSHK Speaker(s) Dr. Julie Kwan-ling WANG Moderator(s) Dr. NG Chun-kong Registrations 73
34.	[Physical] HKSGIM 25 <sup>th</sup> ASM cum AGM
	Date 9 November 2023 (Thu) Organiser(s) The Hong Kong Society of Gastrointestinal Motility (HKSGIM) Speaker(s) Prof. Ronnie FASS Moderator(s) Dr. LAI Kam-chuen Dr. Raymond WM WONG Registrations 139



35. [Physical] HKSSM ASM 2023

Date	11 November 2023 (Sat)		
Organiser(s)	The Hong Kong Society of Sleep Medicine (HKSSM)		
Speaker(s)	Mr. Alex Yun-sang SUM Prof. Frank SCHEER Prof. Johan VERBRAECKEN	Ms. Joey Cho-yin LI Dr. CHOO Kah-lin Dr. Bei HUANG	Ms. MAR Ka-yee Dr. Natalie LEUNG Dr. Steve WONG
Moderator(s)	Dr. Zion TO Dr. Jamie LAM	Ms. CHAN Wing-chi Dr. TO Kin-Wang	Dr. Joey WY CHAN Dr. Joyce LAM
Registrations	245		

36. [Physical] HKSPM & HKPNA Joint ASM 2023

Date	18 November 2023 (Sat)		
Organiser(s)	Hong Kong Society of Palliative Medicine (HKSPM) Hong Kong Palliative Nursing Association (HKPNA)		
Speaker(s)	Dr. TSE Chun-yan Dr. Carolyn KNG	Ms. Margaret SUEN Prof. Cecilia LW CHAN	Prof. Helen YL CHAN
Moderator(s)	Dr. Inda Sung SOONG Ms. NG Lok-yan	Ms. TANG Lai-ming Dr. Annie Oi-ling KWOK	Dr. LAM Po-tin Dr. Raymond See-kit LO Ms. Jade LAM
Registrations	401		

## Secretarial Service

It is our aim to provide all-in-one office solution services to our members to share their administrative workload. Therefore, various secretarial service packages were developed to support the administrative work of member societies as members' benefit.

In total, six societies had joined the Elegant Package, three societies had joined the Basic Package, and one society had joined the Simple Package. Furthermore, six societies had joined the Web Hosting SWIFT package; one society had joined the web-content update service; nine societies had joined the mail-related services, and one society had joined the storage service.

We will continue to strive our best to provide our professional secretarial service to our member societies.

## External Activities

The Federation has also been active in renewing long-term friendships with external organisations. We are interested in linking up with our partners, synergising our enthusiasm and determination to serve the community.

### Attended Members and External Activities

Date	Organiser	Event	Attended by
9 December 2022	Hong Kong Neurosurgical Society	Hong Kong Neurosurgical Society 40 <sup>th</sup> Anniversary Dinner	Dr. Mario Wai-kwong CHAK on behalf of Prof. Bernard Man-yung CHEUNG
10 December 2022	HKMA	2022 HKMA Annual Dinner	Dr. Raymond See-kit Lo Dr. Mario Wai-kwong CHAK
14 December 2022	ReLive Society	2022 年筋舒樂活新里程畢業禮暨樂活勇士嘉許禮	Prof. Bernard Man-yung CHEUNG
15 December 2022	The Hong Kong Council of Social Service	西園長者中心 《迎接 2023 聚餐》	Ms. Tina Woan-tyng YAP
16 February 2023	香港醫療護理發展協會	『基層醫療前瞻：資源與挑戰』 Forum	Prof. Bernard Man-yung CHEUNG
25 June 2023	The Hong Kong College of Family Physicians	36 <sup>th</sup> Fellowship Conferment Ceremony of The Hong Kong College of Family Physicians (HKCFP) and the 33 <sup>rd</sup> Dr. Sun Yat Sen Oration	Dr. Ng Chun-kong
19-22 July 2023	林哲玄立法會議員辦事處	香港醫療衛生界北京考察訪問團	Dr. Alson Wai-ming CHAN
19 August 2023	Hong Kong College of Health Service Executives	Hong Kong College of Health Service Executives Fellowship Conferment Ceremony cum Annual Conference, Annual Dinner 2022/2023	Prof. Bernard Man-yung CHEUNG
13-15 September 2023	Messe Düsseldorf Asia Pte Ltd.	Medical Fair Asia 2023	Prof. Bernard Man-yung CHEUNG
25 September 2023	HKDA	74 <sup>th</sup> National Day Celebration Dinner	Prof. Bernard Man-yung CHEUNG Dr Ng Chun-kong; Dr. Raymond See-kit LO Ms. Tina Woan-tyng YAP Dr. Alson Wai-ming CHAN Dr. Mario Wai-kwong CHAK

**Supported Members and Public Activities**

Date	Event	Organiser/Related Party
5 November 2022	Supporting Organisation: (1) Gerontech and Innovation Expo cum Summit (GIES) 2022	The Hong Kong Council of Social Service & HKSAR Government
20 December 2022 to 7 March 2023, 20 February 2023 to 1 May 2023, 26 March 2023	Supporting Organisation: Dissemination of (1) Clinical use of laboratory tests (2) CANCER AND PROBLEMS: Chinese and Western Medicine Approaches (3) Integrated Musculoskeletal Pain Management In Primary Care	The Hong Kong Association for Integration of Chinese Western Medicine
10 January 2023, 13 February 2023, 2 March 2023	Supporting Organisation: Dissemination of "Hot Talks in Paediatrics and Child Health" on the topics of (1) Long-term impact of COVID infection on Children and its management (2) Physical activity, exercise and nutritional support of children in the post-COVID era (3) Management and prevention of Enterovirus infection and common viral infections in children	The Hong Kong Paediatric Society
4 February 2023	Dissemination of New Advance In Salivary Gland Surgery-Sialendoscopy	Hong Kong Chinese Medical Association Ltd. and Multidisciplinary Salivary Gland Society
16-18 June 2023	Supporting Organisation: Dissemination of 31st Annual Scientific Congress 2023	Hong Kong College of Cardiology
17 June 2023	Dissemination of Hong Kong International Head and Neck Conference	The Hong Kong Head and Neck Society
26 June 2023	Dissemination of Dinner Symposium on "Managing Acute Migraine, how Gepants help"	The Hong Kong Pain Society
19 September 2023	Dissemination of the campaign "One Healthcare Worker for One Hundred Responders in Support of the Public Consultation on Tobacco Control Strategies"	Hong Kong Chinese Medical Association Ltd.
25-26 November 2023	Supporting Organisation: Dissemination of International Conference of Chinese Rheumatologists (ICCR) 2023	International Conference of Chinese Rheumatologists

**Support of Public Health Policy**

**Co-Signing the Letter Advocating for Raising the Tobacco Tax**

To further reduce the prevalence of smoking, the Hong Kong Council on Smoking and Health (COSH) advocates for a substantial increase in tobacco tax in the forthcoming FY2023 - 2024 Budget and a subsequent annual increment. The Federation fully supported the co-signatory campaign. An open letter with 120 organisations was submitted to the Financial Secretary of the HKSAR Government on 13 January 2023. After the 8-year freezing, COSH and all sections of the community are glad to see the new adjustment of about 31.5 % increment in tobacco tax.

**Joint Submission regarding Exemption of Alternative Smoking Product Transshipment**

The Import and Export (Amendment) Bill 2023 was gazetted on 24 March to amend the Import and Export Ordinance (Cap. 60) (IEO), with consequential amendments to the Smoking (Public Health) Ordinance (Cap. 371) (SPHO), with a view to refining the control and regulatory regime relating to the transshipment of alternative smoking products (ASPs) from Mainland via Hong Kong to other overseas markets. COSH expressed grave concerns over the objection against the Bill. The Federation was invited by COSH to jointly issue a submission on 23 April 2023 with signatories of over 100 organisations to the Chairman of the Bills Committee on Import and Export (Amendment) Bill 2023 of the Legislative Council of the Hong Kong SAR. The Amendment Bill was finally passed on 21 June 2023.

**Support Tobacco Control and Strive for a Tobacco-free Hong Kong**

To further enhance tobacco control and achieve a smoking prevalence of 7.8 % by 2025 set by the HKSAR Government, the Health Bureau has launched four tobacco control strategies, including: Regulate Supply, Suppress Demand; Ban Promotion, Reduce Attractiveness; Expand No Smoking Areas, Mitigate Harm and Enhance Education, Support Cessation. The Federation was invited to support at the Campaign website or sign on the support collection form.



## **FMSHK Activities for Members Fraternity**

### ***FMSHK Spring Dinner***

The Federation celebrated the 2023 Chinese New Year with a Spring Dinner on 13 February 2023. It was a festive occasion as our President, Officers, Executive Committee Members, Foundation Directors and Secretariat colleagues gathered for the New Year.

### ***Presidents' Dinner 2023***

The Presidents' Dinner of the Federation, held once every two years previously, was one of the flagship events of the Federation, at which Presidents from various member societies gathered to enjoy themselves and mingle, make new friendships or renew old friendships, and create a network of contacts and a web of opportunities. Yet the last gathering was back in 2017 and was held due to the pandemic since 2019. The evening was hosted by Dr. Kingsley Hau-ngai CHAN and Ms. Tina Woan-tyng YAP, Executive Committee members of the Federation, who served as chairman and chairlady of the dinner.

The Presidents' Dinner 2023 of the Federation was held at the Sheraton Hong Kong Hotel & Towers on 3 June 2023 (Saturday). A total of 103 guests attended the Dinner and the total attendance rate was 92 %, which was a marvellous success. It was a great occasion for reunion and fraternity among the Presidents of member societies.

We were honoured by the presence of Prof. LO Chung-mau, BBS, JP, Secretary for Health at our Dinner; the speech provided by Prof. LO was definitely unforgettable for us all. During the Dinner, Executive Committee members of the Federation delivered speeches to introduce the services provided and activities organised by the Federation. There was also a thankful speech to the Editor, Editorial Board and Issue Editors of the Medical Diary, provided by Dr. Raymond See-kit LO, our Editor-in-Chief. Various appreciations were presented to the most supporting member societies, founding members, collaborating partners on the vaccination programme, and issue editors of the Medical Diary to acknowledge their staunch support of the Federation. Several Presidents of our member societies were also invited to have a chit-chat to share with us their practical experience and positive impressions on the services provided by the Federation.

Our special thanks go to Dr. Edwin Chau-leung YU and Dr. Desmond Gia-hung NGUYEN as our speakers for the Education Seminars held before the Dinner. The evening was made more memorable by the delightful vocal performance by Medipella, and they were Dr. Victor Hip-wo YEUNG, Dr. Alan NG, Dr. Irene YEUNG, Dr. Kenny KUNG and Dr. Tomoko MATSUZONO.

All in all, it was a beautiful night during which we shared our joy and excitement. We would like to express our sincere gratitude to all our sponsors and thank all our guests for joining us on this memorable occasion.

### ***Suspended Events in 2023***

The Federation Annual Dinner 2022 and Federation Sports Days 2023 have been suspended due to the COVID-19 epidemic.

Thank you for your kind attention.

**Prof. Bernard Man-yung CHEUNG**

President, The Federation of Medical Societies of Hong Kong



## Dinner Menu

芝士釀焗蟹蓋

**Baked Crabmeat with Cheese in Crab Shell**

---

翠綠淮山珊瑚蚌

**Sautéed Coral Mussels with Chinese Yam and Vegetables**

---

花旗參杞子燉鵪鶉湯

**Double-boiled Quail Soup with Ginseng and Wolfberry**

---

杏汁金耳浸時蔬

**Poached Vegetables with Golden Tremell in Almond Soup (v)**

---

清蒸花尾躉

**Steamed Giant Garoupa**

---

脆米黃金雞

**Deep-fried Chicken with Crispy Rice**

---

鮑魚荷葉飯

**Fried Rice with Abalone, Duck and Shrimps Wrapped in Lotus Leaf**

---

中式甜點

**Chinese Dessert (v)**

---

季節鮮果碟

**Seasonal Fruit Platter (v)**

(v) Vegetarian



## Federation Theme Song

### 誰能代替您地位

調寄：Monica 作詞：黎彼得

您到處看症往往不顧一切 將一生青春犧牲早去晚歸  
好多謝Federation你關愛照顧 無求來奉獻 隆情常令我個心有愧  
您答應每個老友醫佢一世 將畢生醫德一一充份發揮  
好多謝Federation您充滿智慧 時時維護我 時時原諒我失控制

(THANKS)x 3 Federation!

誰能代替您地位！

OH 醫傷風與食滯 OH 醫心肝肺共胃  
OH 當身體有病例 方知他珍貴 你咪再曳曳  
互愛世界裡 黑暗盡遠去 重展光輝





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**Dr CHANG Kit**

**Dr. Mario Wai-kwong CHAK**

**Dr. Peggy Sau-kwan CHU**

**Ms. Ellen Wai-yin KU**

**Dr. MAN Chi-wai**

**Dr. Desmond Gia-hung NGUYEN**



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REFERENCES: 1. EFSA, EFSA J 2013;11:3408. 2. IOM (Institute of Medicine). Dietary reference intakes for calcium and vitamin D. Committee to review dietary reference intakes for calcium and vitamin D. Washington: National Academies Press; 2011. 3. Braegger C, et al. J Pediatr Gastroenterol Nutr 2013;56:692. 4. Saggese G, et al. Ital J Pediatr 2018;44:51.

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